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Why Is My Computer Running Slow?

You are thinking that your computer is only few years old and you do not add lots of programs to it but yet it is getting slower and slower. The fact is you HAVE been adding mini files to your PC. When you get an update from Microsoft like a new browser version, security data and, don't forget all those temporary files and cookies. The first thing you should do is delete all old and useless files, burn your photos to a CD or DVD and do the same to the music. These items eat up hard drive space. Now go to the Start Button / Programs / Accessories / System Tools / Disc Cleanup. Start the cleanup process by choosing the C hard drive then any extra drives you have one at a time. A list of possible unnecessary files will appear. Check or uncheck the boxes you may or may not want. All of them can go but if you like to keep your cookies (opens familiar websites faster), by all means, keep what you want. The last step is to go back the System Tools and choose Disk Defragmenter. Let that run. It will tighten up the remaining information and allow the hard drives to run more efficiently. Now let's check your RAM (memory). Right-click on Computer (aka My Computer) and choose Properties. You should see the amount of RAM on your CPU. If you have less than 2 gigs it is time to add more. You will be amazed at what these exercises will do. RAM is a whole lot cheaper than a new computer. There is a point in time when your old computer is better given to someone as a starter machine. Move your files onto a new computer. Need help? Call me.

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